



"Take a Moment To Grab A Chat "

January 2024

Wishing you and your loved ones a very Happy New Year. May 2024 be one of your best ones yet!

Last week one of our members asked me, "Rabbi, what is the way to prepare for the daily grind faced on the streets. Is there any special way for one to prepare to face the many of life's challenges that per chance come our way?" After a moment of pondering the question, I responded, 'remember, a short chat with your close friend will always leave you feeling better'. He looked at me puzzled, so I explained with the following parable, "Take a Moment To Grab A Chat".....

As you got up this morning, I watched you, and hoped you would talk to me, even if it was just a few words, asking my opinion or thanking me for something good that happened in your life yesterday. But I noticed you were too busy, trying to find the right outfit to work.

When you ran around the house getting ready, I knew there would be a few minutes for you to stop and say hello, but you were too busy. At one point, you had to wait fifteen minutes with nothing to do except sit in a chair. Then I saw you spring to your feet. I thought you wanted to talk to me but you ran to the phone and called a friend to get the latest gossip instead. I watched patiently all day long. With all our activities, I guess you were too busy to say anything to me.

I noticed that before lunch you looked around, maybe you felt embarrassed to talk to me, that is why you didn't bow your head. You glanced three or four tables over and you noticed some of your friends talking to me briefly before they ate, but you didn't. That's okay. There is still more time left, and I hoped that you will talk to me yet.

You went home and it seems as if you have lots of things to do. After a few of them were done, you turned on the TV. I don't know if you like TV or not, just about anything goes there and you spend a lot of time each day in front of it not thinking about anything, just enjoying the show. I waited patiently again as you watched the TV and ate your meal, but again you didn't talk to me.

Bedtime I guess you felt too tired. After you said goodnight to your family, you plopped into bed and fell asleep in no time. That's okay because you may not realize that I am always there for you. I've got patience, more than you will ever know. I even want to teach you how to be patient with others as well.

I love you so much that I wait every day for a nod, a prayer or a thought, or a thankful part of your heart. It is hard to have a one-sided conversation, or a one-sided relationship.

Well, here it is next day, you are getting up once again. Once again, I will wait, with nothing but love for you. Hoping that today you will give me some time, for us to have a little chat, perhaps a little prayer. You will feel better guaranteed! Always here for you at your side, waiting to be acknowledged.....Your friend,G-D.

Did you ever take a moment to ponder... "What If"?.....What if, G-D couldn't take the time to bless us today because we couldn't take the time to thank Him yesterday?
What if, G-D decided to stop leading us tomorrow because we didn't follow Him today?
What if, we never saw another flower bloom because we grumbled when G-D sent the rain.

What if, G-D didn't walk with us today because we failed to recognize it as His day?
What if, G-D stopped loving and caring for us because we failed to love and care for others?
What if, G-D would not hear us today because we would not listen to Him yesterday?
What if, G-D answered our prayers the way we answer His call to service?
What if, G-D met our needs ,the way we give Him our lives??? Scary isn't it.

Your Chaplains thank G-d every day for all you do and for your dedication to your noble calling.
So just in case you got busy and didn't have a chance to pray today, remember you were in our prayers.

And before we close, a bit of humor, from the "Moshe Files" to keep you smiling.

"White Hairs"...

One morning, as little Hannah was sitting at the kitchen sink watching her mother wash and dry the breakfast plates, she noticed that her mother had several strands of white hair mixed in with her dark hair.

Hannah looked at her mother and said, "Why have you got some white hairs, mummy?"

Her mother replied, "Well darling, every time a daughter does something bad to make her mother cry or unhappy, one of her mother's hairs turns white."
Hannah thought about this information for a few moments then said, "Mummy, so how come all of grandma's hairs are white?".....LOL

Moral of the story: never underestimate the intelligence of your little gems.

On behalf of ALL your chaplains, may G-d bless you and keep you safe. Should you need an ear to listen, shoulder to lean on or perhaps have some good humor to share, we're here for you 24/7 call anytime.

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