



## **From Your Chaplain, Fr. Dan Brandt...**

Last month, we hosted a **Police Suicide Awareness and Prevention Seminar**. During this informative day-long program, two nationally-known speakers shed light on a very important topic. The event was a great success with hundreds of participants from CPD and surrounding jurisdictions (suburbs/county/state/federal) in attendance. Thank you to our co-hosts: the Chicago Police Memorial Foundation, Oak Brook Police Department, McDonalds Corporation and Motorola.

If you would like more information on the epidemic of police suicide—including how to identify signs, address co-workers, and possibly even save a life—please visit our website’s “PCM Links” and “Resources and Outreaches” pages. Finally, let us PRAY for those who are burdened and filled with anxiety or stress—so that suicide may not become an option for them.

If the CPD Chaplains can ever be of ANY assistance to CPD members or families, please don’t hesitate to call on us: Chaplain Bob Montelongo (773/459-5089), Rabbi Moshe Wolf (773/463-4780), Chaplain Kimberly Lewis-Davis (773/251-5351), Chaplain Joe Jackson (312/771-6684), or me (773/550-2369). All of these numbers receive text messages. You can also email each of us through the chaplains’ website.

Please know that you are always welcome to pray with a like-minded bunch at the **Police Mass** at Mercy Home (1140 W. Jackson Blvd), celebrated the second and fourth Sundays of each month at 11:00 a.m. For the sake of on-duty worshippers, Mass is over in less than a half hour. Coffee and doughnuts are served after Mass for those who care to stay. While this is a Catholic Mass, ALL are welcome! Bring your family.

God bless you in your most noble work!

*Fr. Dan Brandt*, CPD Chaplain

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**JOIN OUR MAILING LIST BY VISITING THE ABOVE WEBSITE.**



**P.S. Ash Wednesday, the beginning of Lent, is February 13<sup>th</sup>.** We’ll see you at HQ, in the three areas, at various districts, courts, the ME’s office, FOP hall, OEMC, and at a few other sites throughout the city that day. Watch the daily bulletin or visit our website (www.ChicagoPCM.org) for exact times and locations of ash distribution. May the upcoming Lenten season be a time of spiritual nourishment and growth for you.