

From Your Chaplain, Fr. Dan Brandt...

In addition to the chaplains visiting roll calls and riding with the troops in various districts, Chaplain/PO Bob Montelongo and I get out on the street for about 14 hours every Wednesday from noon until the early hours each Thursday morning. This city-wide tour allows us a chance to meet you in *your* world.

We recently bumped into a couple of PO's from 014 on a

burglary-in-progress call at Sacramento and George, after which they asked for a picture. I quipped that if they sent me the picture, I would include it in my next FOP newsletter column...here it is (Bob and I are the handsome guys in the middle). <u>Keep up the great work, officers</u>! (For more pictures like this, where you're sure to see folks you know, see the "Photo Album" page on our website.)

Thank you to the **CPD Survivors Group**, who on 20 FEB hosted a **resource night** at the FOP hall. Lined up were many programs, resources, outreaches and information beneficial to department members. More information on what the CPD Survivors offer on a volunteer and confidential basis to department members and retirees is available through a link on our website.

St. Jude League stickers are available from your district/unit St. Jude League representative. A donation of \$7.00 per sticker is requested. Buy some for your friends and family! Funds raised benefit a host of worthy charities. It also helps the ministry of St. Jude Chaplains who lead prayer services at CPD family wakes. For more information about obtaining your sticker, or if you don't know who your rep is, please contact me.

I am saddened to share news you likely have already heard: the untimely death of three department members these past two months. Active **CPD members John, Dale and Dennis** were in their early 50's when they passed away unexpectedly. Please keep these brothers and their families in your prayers!

The vocation you have chosen is, as you know, not necessarily conducive to physical wellbeing. Please keep that in mind when it comes to stress control, diet, regular check-ups, and exercise! As we progress through the Lenten Season, we're reminded to care for our souls and our spiritual wellbeing, as well. That said, here are some reminders:

The **Shrine of St. Michael at St. Rita High School** at 7740 S. Western Avenue, dedicated to the memory of E/T Mike Flisk (star 6962, EOW 27 NOV 2010), is available to police officers any time the building is open. Make a visit when you're in the area, and spend a few minutes of silent prayer in a beautiful and peaceful setting!

Also available to active and retired police officers is the **St. Michael League Mass**, offered at two locations on a monthly basis: every 3rd Tuesday at 6:00 p.m. at Most Holy Redeemer Catholic Church (95th/Lawndale), and every 4th Sunday at 10:00 a.m. at the Monastery of the Holy Cross (31st/Aberdeen). While this is a Catholic Mass, all are welcome.

Finally, you're *always* welcome at the **police Mass** every 2nd and 4th Sunday at 11:00 a.m. at Mercy Home, 1140 W. Jackson Blvd.

See you at one of the above places...or on the street!

Fr. Dan Brandt, CPD Chaplain

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